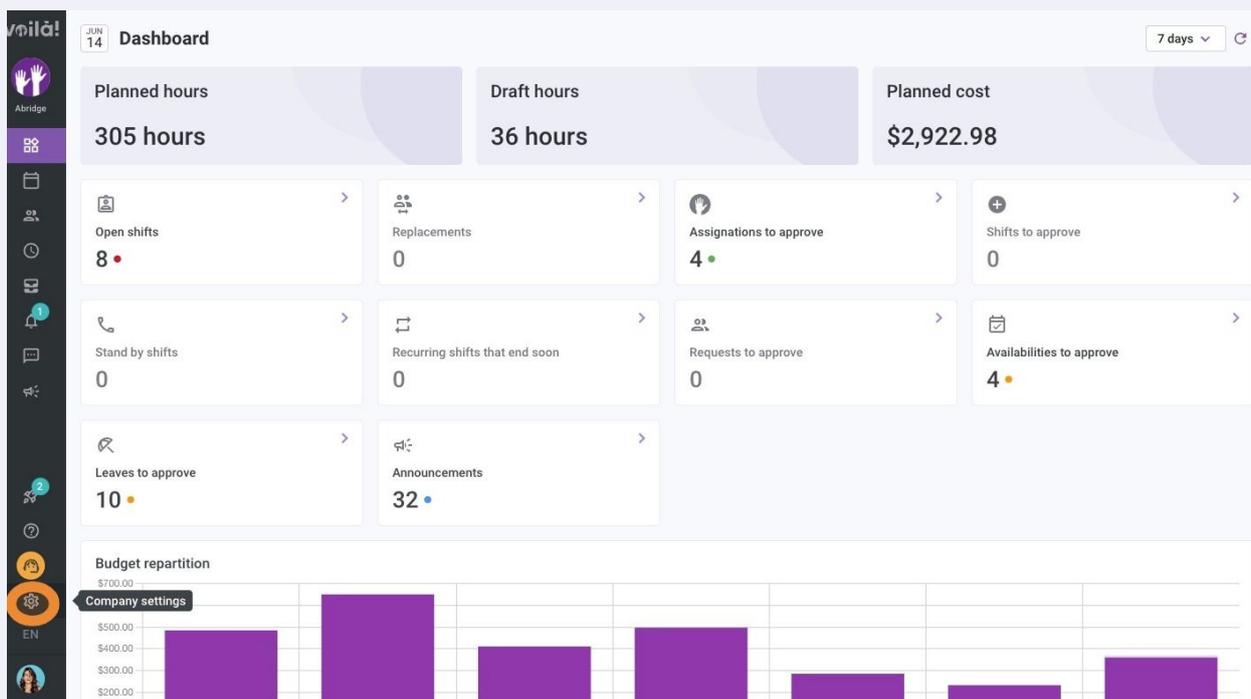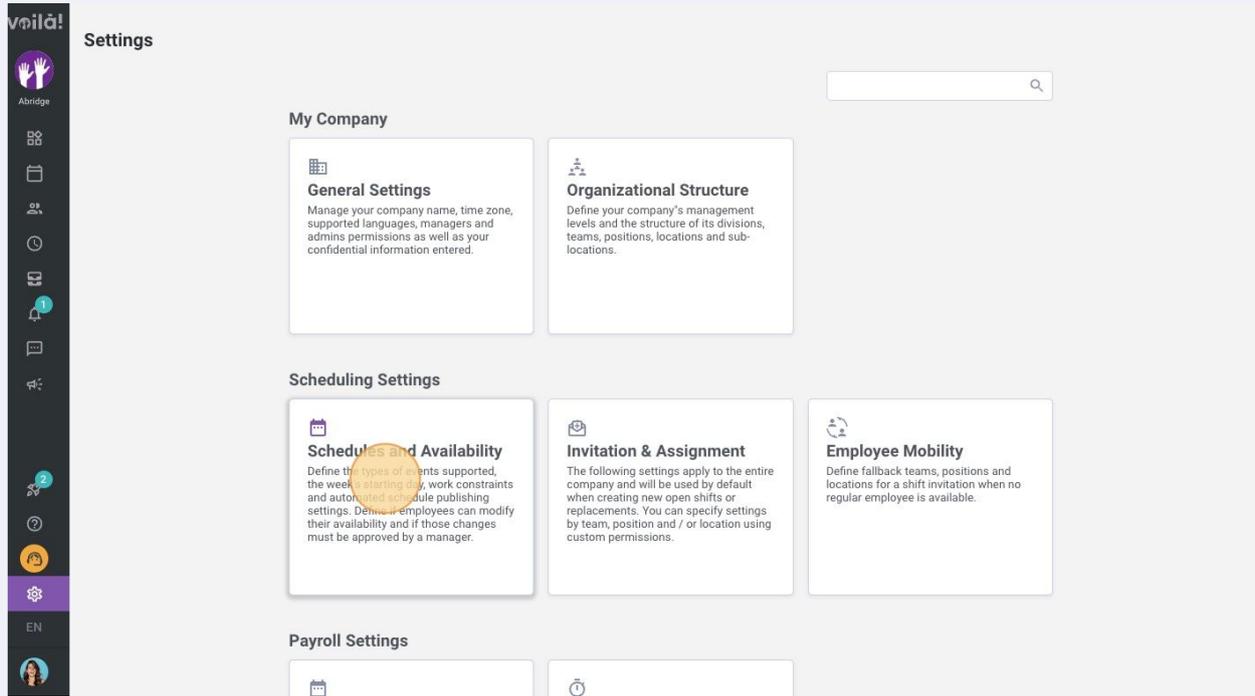# How to set mandatory rest

In the event that your employees have to respect a given period of inactivity before taking another shift, Voilà! allows you to impose a minimum break period before resuming work.
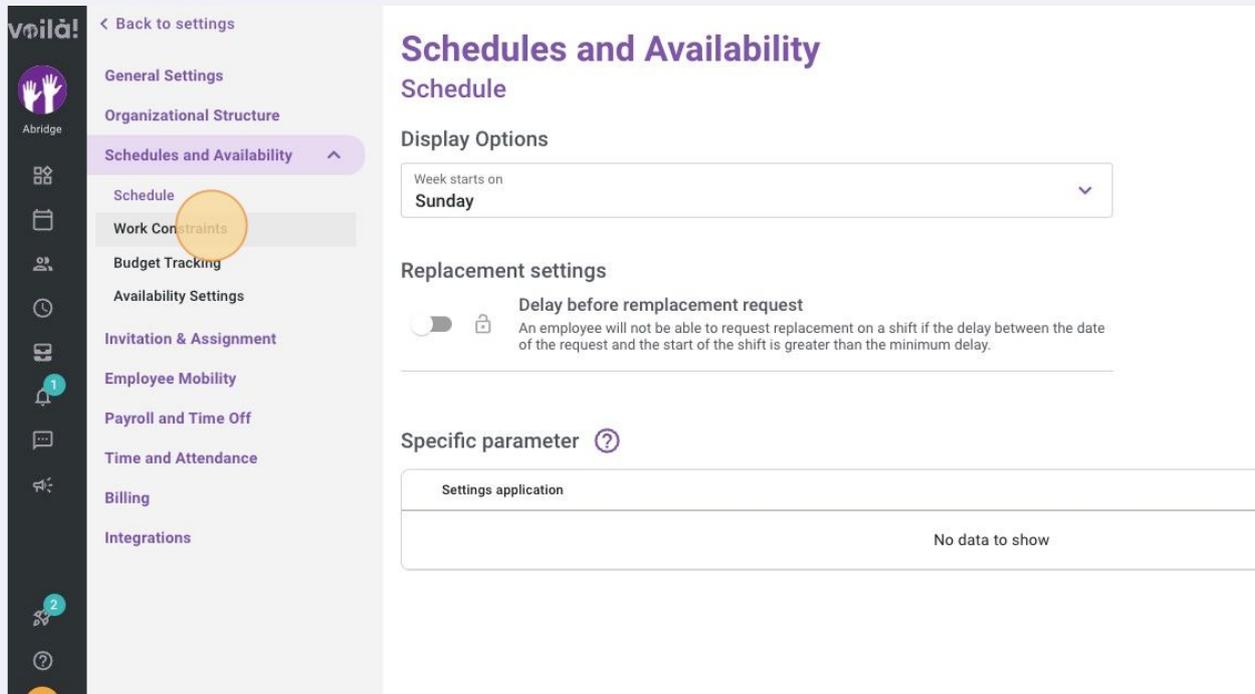
1   Navigate to https://console.voila.app/en/

2   Click on Company Settings.

3 Choose the Schedules and Availability tab.

4 Select the Work Constraints option.

5   Turn on Mandatory rest

6   Type the Minimum hours of rests.